Maryvale Preparatory Co-Ed K-5th Grade Sports: Flag Football

**Register by January 21st. NO REFUNDS.**

**COME ON GIRLS, FLAG FOOTBALL ISN’T JUST FOR THE BOYS!**

Session Highlights

* Rule #1- Have Fun! Recreational program that benefits all skill levels
* Character driven- grow as an individual
* Represent your school in competition
* Learn plays and to defend as a team unit
* Build teamwork through hard work, communication, and trust
* Develop coordination, footwork, reaction time, speed and quickness, decision making, and recognition skills

**Practice Day & Time:** Fridays: 3:45-5:00 pm

**Dates:**  1/25, 2/1, 2/15, 2/22, 3/1, 3/8

**Cost:**$69

**Tournament:** Saturday, March 9th @ North Phoenix Preparatory 8 am—5pm.

* Roster and the schedule come out within 7 days of the tournament.

**Character Trait:** Perseverance

**Practice Clothes:** Athletic clothes, tennis shoes, and a water bottle.

**Remaining Sports:** Spring Basketball

**Register at: http://maryvaleprep.greatheartsacademies.org/athletics**

\*For questions, contact Olyvia Welintukonis: OWelintukonis@MaryvalePrep.org

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