

Maryvale Prep Breakfast Menu August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9 First Day of School CEREAL BOWL TOAST FRUIT	10 Early Release Day FRENCH TOAST FRUIT	11 WHOLE GRAIN POPTART YOGURT FRUIT
14 CEREAL BOWL GRAHAM CRACKERS FRUIT	15 WHOLE GRAIN POPTART YOGURT FRUIT	16 SCRAMBLE EGGS & BISCUIT FRUIT	17 Early Release Day PANCAKE CANADIAN BACON FRUIT	18 EGG & CHORIZO BURRITO FRUIT
21 CEREAL BOWL TOAST FRUIT	22 WHOLE GRAIN BAGEL CREAM CHEESE & JELLY FRUIT	23 FRESH EGG POTATO & CHEESE BURRITO FRUIT	24 Early Release Day SAUSAGE BREAKFAST BISCUIT FRUIT	25 WHOLE GRAIN POPTART YOGURT FRUIT
28 CEREAL BOWL GRAHAM CRACKERS FRUIT	29 WHOLE GRAIN POPTART YOGURT FRUIT	30 HAM & CHEESE BAGEL MELT FRUIT	31 Early Release Day WARM ENGLISH MUFFIN WITH EGG FRUIT	



Alternative Fruit,
Skim & 1% Milk
Offered Daily



"Having Breakfast is the Best Way to
Start the Day and Prolong Your Life!"

Menu is subject to change due to product availability

"This institution is an equal opportunity provider"

Maryvale Prep Lunch Menu August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9 First Day of School BAKED MARINARA BEEF ZITI SALAD MIX & GREEN PEAS FRUIT	10 Early Release Day PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT	11 HAM AND CHEESE SANDWICH CUCUMBERS & CELERY FRUIT
14 HOT DOG PASTA SALAD W/ HAM CORN & CELERY FRUIT	15 BEAN AND CHEESE NACHOS LETTUCE & TOMATO CUCUMBERS FRUIT	16 SPAGHETTI W/ MEATBALLS SALAD MIX & CELERY FRUIT	17 Early Release Day PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT	18 HAMBURGER GREEN LEAF & PICKES FRUIT
21 CRISPY CHICKEN TENDERS W/ MAC N CHEESE CORN & CELERY FRUIT	22 CRISPY BEEF TACOS W/ SPANISH RICE & BEANS LETTUCE & TOMATO FRUIT	23 CHICKEN FETTUCCINE ALFREDO PASTA W/ BREAD BROCCOLI & CUCUMBERS FRUIT	24 Early Release Day PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT	25 CHICKEN SANDWICH GREEN LEAF & PICKLES FRUIT
28 TURKEY CORN DOG PASTA SALAD W/ HAM CORN & CARROTS FRUIT	29 BEEF & BEAN BURRITO LETTUCE & TOMATO FRUIT	30 CHICKEN FRIED RICE W/ STIR FRY VEGGIES CELERY & BROCCOLI FRUIT	31 Early Release Day PEPPERONI PIZZA CARROTS & BROCCOLI FRUIT	



Alternative Fruit,
Skim & 1% Milk
Offered Daily



Cold food option is available daily
except on pizza days.

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