Arizona Department of Education Heath and Nutrition Services School Nutrition Programs

DIET ORDER

Medical Statement for Student with Special Diet Needs

Tart I (to be lined out	by parent or guardian)			
Name of Student: (Last) _		(First)		(MI)
Social Security Number _		Date of Birth	//	Age
School Attended by Stude	nt			
Parent/Guardian's Daytim	e Phone Number(s) (()	
Name of Parent/Guardian(s)			
Signature of Parent/Guard	ian			
Part II (to be filled out by	y Physician)			
Patient's Diagnosis				
Describe the patient's cond	dition and the major life ac	tivity affected by the condition relat	ed to the need for	dietary modification:
Indicate which dietary mod	dification the patient needs	and specify what changes need to b	e made:	
☐ Texture Modification:	pureed □ ground Specify Foods	□ chopped □ other		
□ Tube Feeding:		ions		
Nutrient Modification:	Oral Feeding: No	☐ Yes If Yes, Specify Foods Description:		
		Supplement Name:		
	□ Decrease Calories	Description:		
	□ Nutrient Restriction	Description:		
)
			Phone ()
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PURPOSE: To record the student's condition requiring dietary modifications of school lunch and the changes needed.

PREPARATION: The parent or guardian of the child is responsible for obtaining the form, filling out Part I, requesting

completion by a physician, and delivering the form to the principal's office at the school attended by the child. A licensed physician is responsible for completing Part II of the document based on the child's medical condition. Consultation by a dietitian for completion of the form if needed should be requested by

the parent or physician.

INSTRUCTIONS:

Part I (to be filled out by parent or guardian):

Name of Student: Enter the student's last name, first name, and middle initial.

Social Security Number: Enter the student's nine-digit social security number, e.g., ### – ## – ####.

Date of Birth: Enter the student's six-digit date of birth, e.g., May 21, 1988 = 05/21/88.

Age: Enter the student's one- or two-digit age as of the day the form is completed.

School Attended by Student: Enter the name of the school which the student regularly attends.

Parent/Guardian's Daytime Phone Number(s): If available, enter one or two telephone numbers with the area code where one or two of the guardians can be reached during the daytime.

Name of Parent/Guardian(s): Enter the full name of the student's parent(s) or legal guardian(s).

Signature of Parent/Guardian: Enter the signature of one parent or legal guardian's name. A printed name on the previous line should correspond to the signature.

Part II (to be filled out by physician):

Patient's Diagnosis: Insert the patient's clinical diagnosis for the condition which requires dietary modification.

Description of patient's condition and major life activity affected by the condition related to dietary modification: Describe the patient's condition as it affects a major life activity (i.e., caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working). Describe how the restrictions of the patient's condition affects his or her diet.

Indicate which dietary modification the patient needs and specify what changes need to be made: Check the type(s) of modification the patient's condition requires and fill in the corresponding specification next to the type of modification. A dietitian can assist in completing this section.

Dietitian's Name (if available): Provide a local dietitian's name and phone number if available.

Physician: Print the name, address, and phone number of the physician completing the form.

Physician Signature: Enter the signature of the physician filling out the form and the date signed.

Additional forms may be downloaded from the Arizona Department of Education website at: www.ade.az.gov/health-safety/cnp/nslp/